

# THE 5 As

## COVID-19 VACCINATION INFORMATION FOR MIDWIVES

### ASK

- 1
  - Where is she up to in her decision making?
  - What does she know already? What else does she need to know?
  - Manage it like a brief intervention – like our smoking cessation discussions – come back to it next time
  - Every conversation matters – use every opportunity

### ADVISE

- 3
  - Address concerns
  - Be clear and confident
  - Share facts on COVID
  - Remember the vaccine is safe, effective and will stop women getting sick
  - Be clear that it is recommended

### ASSIST

- 4
  - Where to get good information – ACM, RANZCOG, ATAGI Decision aid
  - Where to get the vaccine – vaccine hubs near me, GPs near me, website, phone numbers
  - Manage expectations re access and supply – you may not get a booking immediately

### ACKNOWLEDGE

- 2
  - There is a lot going on for women at this time
  - Being concerned or uncertain is normal and OK

### ASSESS

- 5
  - Document – in her antenatal record, in your perinatal data system – so we can track outcomes
  - Reflect with one another – learn from each other – share good ideas

## WHO SHOULD HAVE THE CONVERSATION?

- **It's our job and part of our responsibility as midwives**
- **Don't wait for someone else to have the conversation**
- **We can and will make a difference**
- **Remember - we regularly discuss vaccination against influenza, pertussis and hepatitis B. COVID-19 vaccination is to be routinely offered and recommended.**